



UPDATE

July 1, 2014

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

LEAD IN KIDS' BLOOD LINKED WITH BEHAVIORAL AND EMOTIONAL PROBLEMS

Emotional and behavioral problems show up even with low exposure to lead, and as blood lead levels increase in children, so do the problems, according to research funded by the National Institute of Environmental Health Sciences (NIEHS), part of the National Institutes of Health (NIH). The results were published online June 30 in the journal *JAMA Pediatrics*.

Press Release: <http://www.nih.gov/news/health/jun2014/niehs-30.htm>

REPORT SHOWS RISE IN METHAMPHETAMINE-RELATED HOSPITAL EMERGENCY DEPARTMENT VISITS

Hospital emergency department (ED) visits related to the use of the illicit drug methamphetamine rose from 67,954 in 2007 to 102,961 in 2011, according to a report by the Substance Abuse and Mental Health Services Administration (SAMHSA). Overall, there were 1,252,500 visits to hospital EDs linked to the use of all illicit drugs. Methamphetamine, or meth, has a high potential for abuse and addiction and can cause a wide array of potentially harmful intoxicating effects, including altered judgment and reduced inhibitions, leading to unsafe behaviors. The drug can also cause severe dental problems, anxiety, confusion, insomnia, mood disturbances, and violent behavior. Long-term methamphetamine users may display psychotic manifestations, including paranoia, hallucinations, and delusions.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1406181106.aspx>

SAMHSA IS ACCEPTING APPLICATIONS FOR UP TO \$5.6 MILLION FOR COOPERATIVE AGREEMENTS TO IMPLEMENT THE NATIONAL STRATEGY FOR SUICIDE PREVENTION

SAMHSA is accepting applications for fiscal year 2014 *Cooperative Agreements to Implement the National Strategy for Suicide Prevention* (NSSP). The purpose of this program is to support states in implementing the 2012 NSSP goals and objectives focused on preventing suicide and suicide attempts among adults ages 25 to 64 in order to reduce the overall suicide rate and number of suicides in the U.S. nationally.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1406125518.aspx>

SAMHSA IS PROVIDING UP TO \$1.5 MILLION IN SUPPLEMENTAL FUNDING FOR THE COOPERATIVE AGREEMENT FOR NETWORKING, CERTIFYING AND TRAINING OF SUICIDE PREVENTION HOTLINES

SAMHSA is announcing the availability of fiscal year 2014 funds to expand/enhance grant activities funded under the *Cooperative Agreement for Networking, Certifying and Training Suicide Prevention Hotlines*. Supplemental funding is being provided for the National Suicide Prevention Lifeline to expand and enhance the currently funded chat services from 12 hours a day to 24/7 coverage. The National Suicide Lifeline provides national telephonic access at any time of the day or night to suicide prevention crisis intervention services through toll-free suicide prevention hotline numbers, including 1-800-273-TALK (8255).

Press Release: <http://www.samhsa.gov/newsroom/advisories/1406182545.aspx>

HHS GRANTS BOLSTER HEALTH CARE AND PUBLIC HEALTH DISASTER PREPAREDNESS

The U.S. Department of Health and Human Services (HHS) has awarded more than \$840 million to continue improving emergency preparedness of state and local public health and health care systems. These systems are vital to protecting health and saving lives during a disaster.

Press Release: <http://www.hhs.gov/news/press/2014pres/07/20140701a.html>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW FROM NIMH

SAMHSA AND NIMH PARTNER TO SUPPORT EARLY INTERVENTION FOR SERIOUS MENTAL ILLNESS

National Institute of Mental Health (NIMH) Director Thomas Insel and SAMHSA Administrator Pamela Hyde provide an update on funding to support evidence-based programs that address the needs of individuals with early serious mental illness across the country.

<http://www.nimh.nih.gov/about/director/2014/samhsa-and-nimh-partner-to-support-early-intervention-for-serious-mental-illness.shtml>

AIDS: A CAUTIONARY TALE

There are many obstacles to controlling illnesses such as HIV/AIDS, even when effective treatment is available. NIMH Director Thomas Insel talks about what is needed to ensure that effective healthcare is delivered to those who need it. <http://www.nimh.nih.gov/about/director/2014/aids-a-cautionary-tale.shtml>

NIH RESOURCES

ARCHIVED WEBCAST: RECENT ADVANCES IN THE EPIDEMIOLOGY AND GENETICS OF BIPOLAR DISORDER

This presentation reviewed the epidemiology and impact of the major subtypes of mood disorders, including bipolar disorder and major depression. Dr. Kathleen Merikangas, Ph.D., Senior Investigator and Chief of the Genetic Epidemiology Branch in the NIMH Division of Intramural Research Programs provided a summary of both environmental and genetic risk factors for mood disorders and presented advances in the application of the tools of molecular genetics to bipolar disorder. The presentation included recent findings from family and genetic studies at the NIMH and approaches to integrate molecular genetics and genetic epidemiology in order to facilitate investigation of the joint influences of genetic factors and environmental influences on the etiology of mood disorders. The series is sponsored by the National Human Genome Research Institute in collaboration with Suburban Hospital, located in Bethesda, MD, and the Johns Hopkins University School of Medicine. <https://www.youtube.com/playlist?list=PL1ay9ko4A8slXcrRvAjn5zTm0DBYGiYHF>

QUITTING SMOKING FOR OLDER ADULTS

A new web resource from NIHSeniorHealth.gov, *Quitting Smoking for Older Adults*, offers videos, worksheets, interactive features, and strategies for older smokers who want to or are thinking of quitting. <http://nihseniorhealth.gov/quittingsmoking/quittingwhenyoureolder/01.html>

ONLINE LECTURE: CLINICALLY RELEVANT HERB-DRUG INTERACTIONS: PAST, PRESENT, AND FUTURE

This online lecture hosted by the National Center for Complementary and Alternative Medicine presents research on factors that contribute to the risk for herb-drug interactions; mechanisms involved in herb-drug interactions; and how new technologies in supplements and drugs may impact herb-drug interactions. View the lecture and earn CME/CEU. <http://nccam.nih.gov/training/videolectures/clinically-relevant-herb-drug-interactions?nav=upd>

NIDA DIRECTOR'S BLOG: WHAT CAN WE DO ABOUT THE HEROIN OVERDOSE EPIDEMIC?

National Institute on Drug Abuse (NIDA) Director Nora Volkow discusses the Institute's activities to address the escalating heroin overdose epidemic. <http://www.drugabuse.gov/about-nida/noras-blog/2014/06/what-can-we-do-about-heroin-overdose-epidemic>

STUDY COMPARES EFFECTIVENESS OF ORAL DRUG TESTS FOR RECENT MARIJUANA USE

A variety of oral drug testing devices are available to determine recent marijuana use. For the first time, a new NIDA study compares the ability of these devices to accurately detect specific cannabinoids – the chemical compounds found in marijuana. The researchers looked at diagnostic sensitivity, specificity, and efficiency of the tests. In particular, the study identified devices that perform better at determining cannabinoid concentrations within certain time periods of detection in occasional and frequent users. <http://www.drugabuse.gov/news-events/news-releases/2014/06/study-compares-effectiveness-oral-drug-tests-recent-marijuana-use>

SAMHSA RESOURCES

ARCHIVED WEBCAST: HOW JOURNALISTS REPORT BEHAVIORAL HEALTH ISSUES

SAMHSA, in partnership with the Entertainment Industries Council, held this webcast about the importance of using fair, correct, and respectful terminology to depict behavioral health issues and individuals affected by them. Panelists shed light on their experiences, both first-hand and professional, focusing on the power of journalism to reduce discrimination against people seeking treatment, or in recovery from behavioral health issues. http://www.eicnetwork.tv/Events/SAMHSA_June2014.aspx

INFOGRAPHICS ABOUT YOUNG ADULTS

These infographics provide data about older adolescents and young adults with behavioral health challenges. <http://samhsa.gov/children/data.asp>

CRISIS SERVICES: EFFECTIVENESS, COST-EFFECTIVENESS, AND FUNDING STRATEGIES

This guide summarizes the evidence base on the clinical and cost effectiveness of different types of crisis services, and presents cases studies of different approaches states are using to coordinate, consolidate, and blend funding sources to provide robust crisis services. <http://store.samhsa.gov/product/Crisis-Services-Effectiveness-Cost-Effectiveness-and-Funding-Strategies/All-New-Products/SMA14-4848>

ADDRESSING SPIRITUALITY IN HEALTHCARE

This resource includes a discussion on the importance of addressing the spiritual domain of wellness as a critical piece to recovery and offers six steps to address spirituality in healthcare.

<http://www.integration.samhsa.gov/about-us/esolutions-newsletter/e-solutions-june-2014>

FACT SHEETS ON COMPLEX TRAUMA

The National Child Traumatic Stress Network (NCTSN) has released new fact sheets on complex trauma. The term complex trauma describes both children's exposure to multiple traumatic events, often of an invasive, interpersonal nature, and the wide-ranging, long-term impact of this exposure. These events are severe and pervasive, such as abuse or profound neglect. They usually begin early in life and can disrupt many aspects of the child's development and the very formation of a self.

FACTS FOR SERVICE PROVIDERS WORKING WITH HOMELESS YOUTH AND YOUNG ADULTS

This fact sheet addresses how complex trauma impacts homeless youth, including their interaction with staff and peers. Staff who serve homeless youth can help them form positive attachments, accept support from adults and peers, recover from past trauma, and master the skills needed to function in a healthier manner.

http://www.nctsn.org/sites/default/files/assets/pdfs/complex_trauma_facts_homeless_youth_final.pdf

FACTS FOR SHELTER STAFF WORKING WITH HOMELESS CHILDREN AND FAMILIES

This fact sheet addresses how complex trauma impacts shelter caregivers, homeless children, and families' participation in services.

http://www.nctsn.org/sites/default/files/assets/pdfs/complex_trauma_facts_homeless_shelter_staff_final.pdf

FACTS FOR CAREGIVERS

This fact sheet presents information for caregivers to recognize the signs and symptoms of complex trauma in their children, and offers recommendations to help children heal.

http://www.nctsn.org/sites/all/modules/pubdnt/pubdnt.php?file=/sites/default/files/assets/pdfs/complex_trauma_caregivers_final.pdf&nid=69

AHRQ REPORTS

TREATMENT OF MENTAL HEALTH DISORDERS

Expenditures for Treatment of Mental Health Disorders among Children presents estimates on the use of expenditures for all medical care, inpatient stays, ambulatory care (office-based provider and hospital outpatient visits), and prescribed medicines to treat mental health disorders among school-age children in the U.S. civilian non-institutionalized population. <http://www.ahrq.gov/news/meps1.html>

NATIONAL HEALTHCARE QUALITY AND DISPARITIES REPORTS

For the 11th year in a row, the Agency for Healthcare Research and Quality has produced the *National Healthcare Quality Report* and the *National Healthcare Disparities Report*. These reports measure trends in effectiveness of care, patient safety, timeliness of care, patient centeredness, and efficiency of care. The reports present, in chart form, the latest available findings on quality of and access to healthcare.

<http://www.ahrq.gov/research/findings/nhqrdr/index.html>

TRANSITION CARE FOR CHILDREN WITH SPECIAL HEALTH NEEDS

This technical brief reviews the state of practice and the current literature around transition care for children with special health care needs to describe current practice and to provide a framework for future research. The authors found that the issue of how to provide good transition care for children with special health care needs warrants further attention. The numbers of children with special health care needs reaching adulthood are increasing, and the diversity of their clinical conditions is expanding.

<http://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1920>

HHS RESOURCES

USING HEALTH TEXT MESSAGES TO IMPROVE CONSUMER HEALTH KNOWLEDGE, BEHAVIORS, AND OUTCOMES: AN ENVIRONMENTAL SCAN

This report from the Health Resources and Services Administration (HRSA) reviews the effectiveness and acceptance of health text messaging in programs like Text4Baby and other mHealth initiatives in order to support future HHS efforts. <http://www.hrsa.gov/healthit/txt4tots/environmentalscan.pdf>

WHAT IS CHILD WELFARE? A GUIDE FOR BEHAVIORAL HEALTH/MENTAL HEALTH PROFESSIONALS

This brief guide from the Administration for Children and Families provides an overview of child welfare, describes how behavioral health/mental health professionals and child welfare workers can support one another's efforts, and lists resources for more information. Working together, behavioral health/mental health and child welfare professionals can make sure that children, youth, and families receive appropriate services that promote healthy functioning and well-being.

https://www.childwelfare.gov/pubs/cw_mentalhealth.cfm

REDUCING YOUTH VIOLENCE

The Centers for Disease Control and Prevention (CDC) has released *Preventing Youth Violence: Opportunities for Action*, which provides information, evidence-based strategies, and action steps to help community leaders and members, public health professionals, families, and young people reduce or prevent youth violence. <http://www.cdc.gov/violenceprevention/youthviolence/Opportunities-for-Action.html>

THREE TIPS TO BUILD A HEALTH EQUITY FOLLOWING ON SOCIAL MEDIA

This National Partnership for Action to End Health Disparities blog post provides examples for using social media to reach and engage communities of color.

<http://minorityhealth.hhs.gov/npa/blog/BlogPost.aspx?BlogID=3172>

INDICATORS OF SCHOOL CRIME AND SAFETY

This annual report, a joint effort by the Bureau of Justice Statistics and the National Center for Education Statistics, provides the most current detailed statistical information on the nature of crime in schools. Topics covered include victimization at school, teacher injury, bullying and cyber-bullying, school conditions, fights, weapons, availability and student use of drugs and alcohol, and student perceptions of personal safety at school. <http://www.bjs.gov/index.cfm?ty=pbdetail&iid=5008>

DCOE BLOG: MEDITATION MAY HELP PTSD SYMPTOMS

This blog post from the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury discusses the role of meditation, a complementary therapy, in recovery from posttraumatic stress disorder.

http://www.dcoe.mil/blog/14-06-26/Meditation_May_Help_PTSD_Symptoms.aspx

NEW FROM REAL WARRIORS CAMPAIGN

TIPS FOR NATIONAL GUARD AND RESERVE MEMBERS TO MANAGE STRESS

National Guard members and reservists face unique stressors. They cope with the challenges of both military and civilian life, and the transition between the two can be difficult and challenging at times. As part of their duties, reservists may be stationed away from home, often making it difficult to stay connected with family and peers. This article provides tips for recognizing stress and ways to cope.

<http://www.realwarriors.net/guardreserve/treatment/copewithstress.php>

VIDEO PROFILES: REAL WARRIORS AND REINTEGRATION

Returning home from combat or other deployments can be joyful and, sometimes, challenging. Difficulty reintegrating can increase stress and make it harder to cope with invisible wounds. In this video, warriors and family members share their reintegration experiences.

<http://www.realwarriors.net/multimedia/profiles/reintegration.php>

EVENTS

WEBINAR: SCHOOL JUSTICE COLLABORATION PROGRAM GRANT OPPORTUNITIES

JULY 1, 2014, 2:00-3:30 PM ET

The Office of Juvenile Justice and Delinquency Prevention is presenting this webinar to discuss the fiscal year 2014 *School Justice Collaboration Program: Keeping Kids in School and Out of Court* funding opportunities. Representatives from the U.S. Departments of Education and HHS will speak about the related *School Climate Transformation Grant Program* and the *Project AWARE* grant program.

<http://ojjdp.gov/enews/14juvjust/140627b.html>

WEBINAR: GOT COVERAGE? NEXT STEPS IN USING YOUR HEALTH INSURANCE

JULY 2, 2014, 4:00-5:00 PM ET

Many people now have health insurance, but may not know how to use it. This HHS Partnership Center webinar and conference call will discuss how to read an insurance card, how to find a doctor, what one needs to know in making an appointment, and what to do in case of a health emergency. Key terms will be discussed as well as recommended health screenings. To join by phone only: Dial +1 (480) 297-0021; Access Code: 580-591-872; for those joining by phone only, the Pin Number is the # key.

<https://www4.gotomeeting.com/register/186898415>

WEBINAR: SCREENING FOR VIRAL HEPATITIS WITHIN BEHAVIORAL HEALTH ORGANIZATIONS

JULY 9, 2014, 2:30-4:00 PM ET

Individuals with behavioral health disorders experience much higher rates of preventable and treatable viral hepatitis than the general population, and viral hepatitis is frequently undetected for years. Effective screening, strategies for prevention, and emerging resources for treatment will allow integrated behavioral health providers to play a critical role in efforts to stem the tide of transmission and the hidden, but devastating, progression of the illnesses these viruses cause. On this first of two SAMHSA-HRSA Center for Integrated Health Solutions (CIHS) webinars on this topic, participants will learn practices for the effective identification, treatment, and prevention of viral hepatitis. Topic areas will include epidemiology, public health and psychological issues and concerns, and strategies for outreach and patient engagement in treatment. <http://www.integration.samhsa.gov/about-us/webinars>

WEBINAR: SPECIAL ENROLLMENT PERIODS AND RESOURCES FOR THE UNINSURED

JULY 16, 2014, 1:00-2:00 PM ET

The healthcare law has created special enrollment periods for those who experience special circumstances such as graduating from college and losing health insurance, getting married and needing coverage for a spouse, losing employer insurance, or turning 26 and losing coverage on a parent's health plan. Join this HHS Partnership Center webinar to learn more about special enrollment periods and how to enroll in the Health Insurance Marketplace. For those who are uninsured and don't qualify for the special enrollment period, participants learn what resources are available and when to enroll in the Health Insurance Marketplace. To join by phone only: Dial +1 (646) 307-1721; Access Code: 270-706-869; for those joining by phone only, the Pin Number is the # key. <https://www4.gotomeeting.com/register/835132719>

WEBINAR: THE FOUNDATIONS OF CULTURALLY APPROPRIATE INTEGRATED SERVICES FOR LGBT INDIVIDUALS

JULY 16, 2014, 2:00-3:30 PM ET

Integrated primary care and behavioral health providers can create culturally appropriate, highly accessible integrated care to members of the lesbian, gay, bisexual, and transgender (LGBT) community with behavioral health conditions. Join CIHS and the CDC National Behavioral Health Network for Tobacco and Cancer Control to discuss ways to evaluate current organizational barriers to accessing care, strategies for reducing these barriers, and actionable steps for implementing culturally appropriate services. Review how to internally evaluate your agency's services, and leave with an understanding of best practices and resources to increase engagement efforts with the LGBT community.

<http://www.integration.samhsa.gov/about-us/webinars>

USING LESSONS FROM VA TO IMPROVE PRIMARY CARE FOR WOMEN WITH MENTAL HEALTH AND TRAUMA HISTORIES

JULY 22, 2014, 12:00-1:00 PM ET

Save the date for this U.S. Department of Veterans Affairs Health Services Research and Development webinar on lessons learned on treating women with mental health and trauma histories. https://events-na11.adobeconnect.com/content/connect/c1/1103770473/en/events/event/shared/1181724731/event_registration.html?sco-id=1181741681&_charset=utf-8

WEBINAR: WHO'S LEADING THE LEADING HEALTH INDICATORS--SUBSTANCE ABUSE

JULY 24, 2014, 12:00-1:00 PM ET

This Healthy People 2020 webinar will feature how one organization is working to address substance abuse in its community and resources available to help address substance abuse across communities.

https://hhs-hp.webex.com/mw03071/mywebex/default.do?nomenu=true&siteurl=hhs-hp&service=6&rnd=0.6780901335742852&main_url=https%3A%2F%2Fhhs-hp.webex.com%2Fec06061%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26confViewID%3D1749542768%26%26MK%3D668739320%26%26%26siteurl%3Dhhs-hp

WEBINAR: STRATEGIES AND INNOVATIONS IN USING CANS-TRAUMA AND FANS-TRAUMA IN PRACTICE

JULY 24, 2014, 1:00 PM ET

In this NCTSN Using Trauma Assessment Tools to Guide Practice webinar, presenters will discuss how to implement the assessment tools, Child and Adolescent Needs and Strengths (CANS) and Family Assessment of Needs and Strength (FANS), into a provider's everyday practice.

<http://learn.nctsn.org/enrol/index.php?id=110>

WEBINAR: THE POWER OF YOUTH DEVELOPMENT AND RECOVERY SUPPORTS

JULY 24, 2014, 3:00-4:30 PM ET

This final webinar in SAMHSA's *Girls Matter!* series on girls' behavioral health will explore the principles of youth development and what girls say they need for ongoing recovery. Participants will gain new ideas and resources for empowering and supporting girls in their recovery.

<http://womenandchildren.treatment.org/HERR%20page.asp>

NATIONAL CONFERENCE ON ENGAGING PATIENTS, FAMILIES, AND COMMUNITIES IN ALL PHASES OF TRANSLATIONAL RESEARCH TO IMPROVE HEALTH

AUGUST 21-22, 2014, BETHESDA, MARYLAND

The goal of this conference sponsored by the National Center for Advancing Translational Science is to present and compare perspectives and examples of methods of engagement in research that includes individuals, including patients and families, to community organizations and disease advocates, as well as clinicians and other health professionals. Attendees for this conference will include community groups, patient advocacy groups, funders and foundations that are interested in research design and outcomes, and the researchers who presently work with these groups or wish to do so in the future.

<http://www.ncats.nih.gov/news-and-events/events/events.html#community-engagement>

RECOVERY MONTH

SEPTEMBER 2014

The 25th anniversary of Recovery Month highlights the theme, "Join the Voices for Recovery: Speak Up, Reach Out" and encourages people to openly discuss—or speak up about—mental and substance use disorders and the reality of recovery. The observance also promotes ways first responders, faith leaders, youth and young adults, and policymakers can recognize these issues and intervene—or reach out to help—others, as well as themselves. <http://www.recoverymonth.gov/Recovery-Month-Kit.aspx>

NATIONWIDE RECRUITMENT: BIPOLAR DISORDER PEDIATRIC RESEARCH STUDY

TREATMENT OF SEVERE MOOD DYSREGULATION, SMD

(Inpatient: 12- to 15 weeks) This study tests the efficacy of different treatments for decreasing irritability in children with severe mood and behavioral problems. Participants have symptoms of severe irritability and are not doing well on their current medications. The child must be currently in treatment with a physician, medically healthy and not currently hospitalized, psychotic or suicidal. The study includes day or full hospitalization to discontinue medication, followed by either methylphenidate plus citalopram, or methylphenidate plus placebo. Recruiting ages 7-17. [09-M-0034]

<http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/childrens-studies/clinical-trial-of-citalopram-and-methylphenidate-in-severe-mood-dysregulation.shtml>

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here www.nimh.nih.gov/JoinAStudy.

ROAR: HHS AGENCIES SEEK TO RECRUIT OLDER ADULTS INTO RESEARCH

This National Institute on Aging post describes HHS efforts to increase older adult enrollment in clinical trials. *Recruiting Older Adults into Research* (ROAR) seeks to raise research awareness and engagement among older adults, connect them with easy and actionable opportunities to participate, and ultimately, expand the pool of older adults willing to participate in clinical studies and trials for Alzheimer's and other health conditions. <http://www.nia.nih.gov/alzheimers/features/roar-hhs-agencies-seek-recruit-older-adults-research>

FUNDING INFORMATION

INTERVENTIONS FOR HEALTH PROMOTION AND DISEASE PREVENTION IN NATIVE AMERICAN POPULATIONS

<http://grants.nih.gov/grants/guide/pa-files/PAR-14-260.html>

AMERICAN INDIANS INTO PSYCHOLOGY

<http://www.grants.gov/web/grants/view-opportunity.html?opId=257936>



National Institute
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.