



# UPDATE

April 15, 2014

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<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## NIH-FUNDED BRAIN ATLAS OFFERS CLUES TO PSYCHIATRIC DISORDERS

A comprehensive three-dimensional atlas of the developing human brain that incorporates gene activity along with anatomical reference atlases and neuroimaging data has released its first major report online in *Nature*. This National Institutes of Health (NIH)-funded resource, freely available to the public, enables researchers to answer questions related to the early roots of brain-based disorders such as autism and schizophrenia. This big science endeavor, which highlights the transcriptome (i.e., when and where genes are turned on in the brain) and anatomy of the human brain during mid-term pregnancy, was undertaken at the Allen Institute for Brain Science in Seattle. It is the first installment of a consortium project funded by the National Institute of Mental Health (NIMH) called the *BrainSpan Atlas of the Developing Human Brain*, which aims to profile gene activity throughout the course of brain development.

**Press Release:** <http://www.nimh.nih.gov/news/science-news/2014/nih-funded-brain-atlas-offers-clues-to-psychiatric-disorders.shtml>

## MOST INDIVIDUALS RECEIVE HEALTH SERVICES A YEAR BEFORE SUICIDE DEATH

Undetected suicide risk is a critical issue in primary care. According to a NIMH-funded study published in the February 2014 issue of the *Journal of General Internal Medicine*, 83 percent of individuals received healthcare services in the year prior to suicide death and half did not have a mental health diagnosis.

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2014/most-individuals-receive-health-services-a-year-before-suicide-death.shtml>

## DISORGANIZED CORTICAL PATCHES SUGGEST PRENATAL ORIGIN OF AUTISM

The architecture of the autistic brain is speckled with patches of abnormal neurons, according to research partially funded by the NIMH. Published in the *New England Journal of Medicine* on March 27, 2014, this study suggests that brain irregularities in children with autism can be traced back to prenatal development.

**Press Release:** <http://www.nimh.nih.gov/news/science-news/2014/disorganized-cortical-patches-suggest-prenatal-origin-of-autism.shtml>

## **CDC ESTIMATES 1 IN 68 CHILDREN HAS BEEN IDENTIFIED WITH AUTISM SPECTRUM DISORDER; LATEST SNAPSHOT SHOWS PROPORTION OF CHILDREN WITH AUTISM AND HIGHER IQ ON THE RISE**

The Centers for Disease Control and Prevention (CDC) estimates that 1 in 68 children (or 14.7 per 1,000 eight-year-olds) in multiple communities in the United States has been identified with autism spectrum disorder (ASD). This new estimate is roughly 30 percent higher than previous estimates reported in 2012 of 1 in 88 children (11.3 per 1,000 eight-year-olds) being identified with an ASD. The number of children identified with ASD ranged from 1 in 175 children in Alabama to 1 in 45 children in New Jersey.

**Press Release:** <http://www.cdc.gov/media/releases/2014/p0327-autism-spectrum-disorder.html>

## **NEW RESOURCE HELPS IDENTIFY DEVELOPMENTAL DELAYS IN INFANTS AND YOUNG CHILDREN**

The U.S. Department of Education and Department of Health and Human Services (HHS) announced the launch of *Birth to 5: Watch Me Thrive!*, a collaborative effort with Federal partners to encourage developmental and behavioral screening for children to support the families and providers who care for them. By raising awareness of child development, *Birth to 5: Watch Me Thrive!* will help families look for and celebrate milestones; promote universal screenings; identify delays as early as possible; and improve the support available to help children succeed in school and thrive alongside their peers.

**Press Release:** <http://www.ed.gov/news/press-releases/us-departments-education-and-health-human-services-announce-birth-5-watch-me-thr>

## **SAMHSA AND USDA COLLABORATE TO HELP COMMUNITIES BETTER IDENTIFY LOCAL BEHAVIORAL HEALTH ISSUES**

The Substance Abuse and Mental Health Services Administration (SAMHSA) and the U.S. Department of Agriculture (USDA) announced a joint agreement to fund and perform community-level behavioral health assessment and monitoring. SAMHSA's Center for Behavioral Health Statistics and Quality provided \$3 million in funding to USDA's National Institute of Food and Agriculture to conduct this joint effort, called the *Community Assessment and Education to Promote Behavioral Health Planning and Evaluation* project, with Michigan State University as the lead institution. Utilizing the four Regional Centers for Rural Development and a multidisciplinary Advisory Council, 10 local pilot sites were selected for funding in January 2014 through a competitive process. The information gathered by pilot sites will be used by local public health officials and other public authorities to augment existing behavioral health monitoring systems that provide highly accurate national and state level information. Through local surveys and data gathering, communities can gain deeper knowledge and skills needed to develop effective prevention and treatment strategies to address mental and substance use disorders in their areas.

**Press Release:** <http://www.samhsa.gov/newsroom/advisories/1403214929.aspx>

## **GENDER DIFFERENCES ARE AN IMPORTANT FACTOR WHEN EXAMINING PATTERNS IN SUBSTANCE ABUSE; INFORMATION FROM NEW SAMHSA REPORT CAN ASSIST WITH DESIGNING OUTREACH, PREVENTION, AND TREATMENT PROGRAMS**

Of the 1.8 million admissions to substance abuse treatment facilities in 2011, about 609,000 were female and 1.2 million were male, according to a new SAMHSA report. Data from the 2011 Treatment Episode Data Set showed that a larger proportion of female admissions aged 12 to 17 years old reported alcohol as the substance they primarily abuse, while a larger proportion of male admissions in the same age group reported marijuana as the substance they primarily abuse. Among those 65 and older, the instances of female admissions reporting they primarily abuse prescription painkillers was almost three times that of male admissions.

**Press Release:** <http://www.samhsa.gov/newsroom/advisories/1404030214.aspx>

## **NEW INTERACTIVE VIDEO AIMS TO BETTER PROTECT RESEARCH SUBJECTS AND REDUCE MISCONDUCT IN CLINICAL RESEARCH**

*The Research Clinic*, a web-based interactive training video aimed at teaching clinical and social researchers how to better protect research subjects and avoid research misconduct, was released by the HHS Office of Research Integrity and Office for Human Research Protections. The video lets the viewer assume the role of one of four characters and determine the outcome of the storyline by selecting decision-making choices for each playable character. The video can be used to teach researchers how to avoid research misconduct and violating regulations enacted to protect human subjects in research studies.

**Press Release:** <http://www.hhs.gov/news/press/2014pres/03/20140331a.html>

## **HHS ANNOUNCES PROGRESS IN DISEASE PREVENTION AND HEALTH PROMOTION**

The nation's health is improving in more than half of the critical measures that are known to have major influence in reducing preventable disease and death, according to a new HHS report. *Healthy People 2020* represents the nation's current 10-year goals and objectives for health promotion and disease prevention. Twenty-six specific measures—in categories such as access to care, maternal and child health, tobacco use, nutrition, and physical activity—were identified as high-priority health issues. These Leading Health Indicators (LHI), if addressed appropriately, have the potential to significantly reduce major influences or threats on the public's health that cause illness and death. There are 14 health indicators that have either been met or are improving in this first third of the decade.

**Press Release:** <http://www.hhs.gov/news/press/2014pres/04/20140408a.html>

## NEW FROM NIMH: DIRECTOR'S BLOG POSTS

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### A MISFORTUNE NOT A CRIME

NIMH Director Thomas Insel discusses a new report that compares the number of people with serious mental illness who are incarcerated versus the number being treated in hospitals.

<http://www.nimh.nih.gov/about/director/2014/a-misfortune-not-a-crime.shtml>

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### BRAINSPAN: MAPPING THE DEVELOPING BRAIN

A new map of where and when genes are expressed in the developing human brain—the transcriptome—is already enabling scientists to gain insights into the role of risk genes in neurodevelopmental disorders.

NIMH Director Thomas Insel talks about the implications of this work.

<http://www.nimh.nih.gov/about/director/2014/brainspan-mapping-the-developing-brain.shtml>

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### AUTISM AWARENESS: APRIL 2014

NIMH Director Thomas Insel describes new scientific findings on autism, including new CDC prevalence data, being reported just as Autism Awareness Month begins.

<http://www.nimh.nih.gov/about/director/2014/autism-awareness-april-2014.shtml>

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### CELEBRATING SCIENCE

At a recent awards dinner, Research!America honored patients who worked with researchers to find cures for disease; NIMH Director Thomas Insel shows what can be learned from these collaborations and gives an example of how genetic research can lead to effective treatment.

<http://www.nimh.nih.gov/about/director/2014/celebrating-science.shtml>

## NIH RESEARCH MATTERS

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### ADULT HEALTH IMPROVED BY EARLY CHILDHOOD PROGRAMS

An early childhood program—already shown to bring higher academic achievement and career benefits—can also help prevent disease later in life, according to new findings.

<http://www.nih.gov/researchmatters/april2014/04072014childhood.htm>

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## STUDY POINTS TO POSSIBLE BLOOD TEST FOR MEMORY DECLINE, ALZHEIMER'S

A new study identified a set of 10 compounds in the blood that might be used to identify older adults at risk for developing memory deficits or Alzheimer's disease. More research is needed to confirm the findings, but the study suggests one possible approach for the early identification and treatment of cognitive decline.

<http://www.nih.gov/researchmatters/march2014/03172014alzheimers.htm>

## NIH DIRECTOR'S BLOG

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### ANXIETY REDUCTION: EXPLORING THE ROLE OF CANNABINOID RECEPTORS

Relief of anxiety and stress is one of the most common reasons that people give for using marijuana. But the scientific evidence is rather sparse about whether there's a biological explanation for that effect. NIH Director Francis Collins discusses NIH-funded research to explore the link between marijuana and anxiety reduction. <http://directorsblog.nih.gov/2014/04/10/anxiety-reduction-exploring-the-role-of-cannabinoid-receptors/>

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### CREATIVE MINDS: MAKING SENSE OF STRESS AND THE BRAIN

Right behind the forehead lies the most recently evolved region of the human brain: the prefrontal cortex (PFC). It's a major control center for abstract thinking, thought analysis, working memory, planning, decision making, regulating emotions, and many of the things we most strongly associate with being human. But in times of stress, the PFC is literally taken offline, allowing more primitive parts of the brain to take over. NIH Director Francis Collins describes the work of Amy Arnsten, a neuroscientist at the Yale School of Medicine, New Haven, CT, who has pioneered the study of stress on the brain and how impaired regulation of stress response in the PFC contributes to neurological disorders, such as Attention Deficit Hyperactivity Disorder (ADHD), schizophrenia, and Alzheimer's disease. With support from a 2013 NIH Director's Pioneer Award, Arnsten hopes to uncover why the PFC is more vulnerable to disease than the primary sensory cortex—and how one might be able to prevent or reverse damage to these circuits.

<http://directorsblog.nih.gov/2014/03/18/creative-minds-making-sense-of-stress-and-the-brain/>

## NIDA: NEW SCIENCE SPOTLIGHTS

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### WEB-BASED INTERVENTION STRENGTHENS DRUG ABUSE TREATMENT

A new study funded by the National Institute on Drug Abuse (NIDA) shows that incorporating the web-based *Therapeutic Education System* (TES) intervention in the treatment of drug abuse can not only help people stop using drugs, but can also keep them in treatment longer. TES is a web-based version of the *Community Reinforcement Approach plus Contingency Management*, a packaged approach with demonstrated efficacy.

<http://www.drugabuse.gov/news-events/news-releases/2014/04/web-based-intervention-strengthens-drug-abuse-treatment>

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## MEDICATION CAN HELP PREVENT RELAPSE IN COCAINE-DEPENDENT MALES

NIDA has released the results of a new study showing that the medication baclofen can help prevent relapse in cocaine-dependent males. Drug cues, even subliminal ones, can trigger people with drug addiction to seek and participate in drug use. The drug baclofen, which is commonly used to prevent spasms in patients with spinal cord injuries and neurological disorders, interferes with the brain's early response to these subliminal drug cues and can stunt the internal processing of drug-related cues that can lead to relapse.

<http://www.drugabuse.gov/news-events/news-releases/2014/04/medication-can-help-prevent-relapse-in-cocaine-dependent-males>

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## IMPLEMENTING SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT (SBIRT) UNDER THE AFFORDABLE CARE ACT

An anticipated effect of new standards related to essential health benefits under the 2010 Affordable Care Act (ACA) and recent parity laws (i.e., requiring addiction services be covered to the same extent as other types of mental and physical healthcare) is the expansion of substance use disorders (SUD) services in primary care services, particularly in medically underserved and low-income populations. As outlined in a new commentary by researchers with NIDA's Center for the Clinical Trials Network, this vast expansion of preventive substance use care services in primary care presents major challenges that will need to be met in the areas of training, infrastructure, and research. Specifically, physicians and other staff in primary care settings will need to become suitably trained in screening, brief intervention, and referral to treatment (SBIRT) for SUDs, and primary care settings will need to adopt and use validated screening and brief assessment tools that are standardized for integration into electronic health records.

<http://www.drugabuse.gov/news-events/latest-science/implementing-screening-brief-intervention-referral-to-treatment-sbirt-under-affordable-care-act>

## NIAAA: ALCOHOL USE DISORDER OR ALCOHOL ABUSE AND DEPENDENCE? DSM-5 CHANGES EXPLAINED

The latest issue of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) *Spectrum* webzine includes a description of the important changes in the definition of alcohol use disorders (AUDs)—including changes in terminology, diagnostic criteria, and diagnostic threshold in the *Diagnostic and Statistical Manual of Mental Disorders* (DSM)-5. <http://www.spectrum.niaaa.nih.gov/default.aspx>

## SAMHSA RESOURCES

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### SAMHSA NEWS: PREVENTING SUICIDE: FOLLOWING UP AFTER THE CRISIS

This new issue of *SAMHSA News* features the National Suicide Prevention Lifeline Crisis Center Follow-Up program, which supports crisis centers within Lifeline's network in systematically following up with Lifeline callers to see how they're doing, offer emotional support and tips on coping strategies, and check to ensure that they follow up with treatment referrals. The issue also explores preventing compassion fatigue among behavioral health providers in high stress environments, and limiting access to lethal means as a prevention strategy. [http://beta.samhsa.gov/samhsaNewsletter/preventing\\_suicide/](http://beta.samhsa.gov/samhsaNewsletter/preventing_suicide/)

### TIP 57: TRAUMA-INFORMED CARE IN BEHAVIORAL HEALTH SERVICES

This guide assists behavioral health professionals in understanding the impact and consequences for those who experience trauma. It discusses patient assessment, treatment planning strategies that support recovery, and building a trauma-informed care workforce. <http://store.samhsa.gov//product/SMA14-4816>

### INFORMATION FOR FAITH-BASED AND COMMUNITY LEADERS

Increasing awareness of mental health issues and making it easier for people to seek help will take partners working together. Faith and community leaders can play a significant role in helping to educate individuals and families about mental health. These talking points can help faith leaders develop messages for their congregations and communities about the importance of mental health.

<http://store.samhsa.gov//product/PEP14-FAITHLTP>

### EVERYONE CAN PLAY A ROLE IN THE CONVERSATION ABOUT MENTAL HEALTH

This fact sheet can help communities and congregations raise awareness about mental health issues and emphasize the importance of people to seek help when needed. It can be used as a bulletin insert or announcement to faith communities about the importance of mental health issues in communities.

<http://store.samhsa.gov//product/PEP14-FAITHFS>

## A GUIDE TO LITERATURE ON PARTIAL PTSD

Partial post-traumatic stress disorder (PTSD) is a term used to characterize individuals who have some symptoms of PTSD, but fail to qualify for a formal diagnosis. Many of these individuals have multiple symptoms and notable functional impairment, yet they do not have enough symptoms in the required categories to be given a full diagnosis. One of the key issues in this research is how to diagnose partial PTSD. In this latest issue of *PTSD Quarterly*, learn more about treatment studies, recommendations, and featured articles on this topic. <http://www.ptsd.va.gov/professional/publications/ptsd-rq.asp>



## NEW RESOURCES FROM REAL WARRIORS

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### NEW VIDEO PROFILE

1st Sgt. Tippett sustained invisible wounds, including PTSD and mild traumatic brain injuries, from explosions during combat deployments. He shares his story of seeking psychological healthcare and encourages others to do the same in this new Real Warriors video.

<http://www.realwarriors.net/multimedia/profiles/tippett.php>

### HOW VETERANS CAN ADDRESS SUBSTANCE MISUSE

Veterans experiencing stress or a psychological health concern could be at risk for misusing substances as a way to cope. It is important that Veterans misusing harmful substances get connected to help. This article outlines resources to help Veterans address substance misuse and provides healthy ways to cope.

<http://www.realwarriors.net/veterans/treatment/substanceabuse.php>

## DCOE BLOG

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### ONLINE RESOURCES TO SUPPORT MILITARY FAMILIES

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DcoE) blog post describes online resources to help children cope with what military life might bring their way.

[http://www.dcoe.mil/blog/14-04-10/Online\\_Resources\\_to\\_Support\\_Military\\_Families.aspx](http://www.dcoe.mil/blog/14-04-10/Online_Resources_to_Support_Military_Families.aspx)

### YOU'VE GOT A CONCUSSION ... WHAT'S NEXT?

This DCoE blog post outlines the do's and don'ts during the first 24 hours after a concussion.

[http://dcoe.mil/blog/14-03-31/You\\_ve\\_got\\_a\\_concussion\\_what\\_s\\_next.aspx](http://dcoe.mil/blog/14-03-31/You_ve_got_a_concussion_what_s_next.aspx)

## EVENTS

### ALCOHOL AWARENESS MONTH 2014

APRIL 2014

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April is Alcohol Awareness Month, a time to learn about the health and social problems caused by drinking too much. NIAAA encourages the public to dedicate this month to understanding how excessive drinking can affect health, to evaluating their own drinking habits, and to discovering the latest developments in treatments for AUDs.

<http://www.niaaa.nih.gov/news-events/news-releases/niaaa-recognizes-alcohol-awareness-month-2014>

## **WEBINAR: PREVENTING SUICIDE AMONG JUSTICE-INVOLVED YOUTH**

APRIL 17, 2014, 1:30-2:30 PM ET

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Co-hosted by the SAMHSA Suicide Prevention Branch and the National Action Alliance for Suicide Prevention, this webinar will describe new resources from the Action Alliance's Youth in Contact with the Juvenile Justice System Task Force. The presenters will provide an overview of the National Action Alliance, the history and summary of the activities of the Suicide Prevention Juvenile Justice Task Force, including the work and materials that the Task Force and subcommittees have accomplished, as well as a detailed discussion on the Suicide Research Subcommittee's work, a summary of the literature review, and their findings and recommendations. <http://www.wciconferences.com/JJTF/index.html>

## **WEBINAR: LESSONS LEARNED FROM 2013 SAMHSA BRSS TACS AWARDEES**

APRIL 20, 2014, 1:00-2:30 PM ET

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During its second year, the SAMHSA Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) project provided competitive awards to 14 peer-run organizations/recovery community organizations and eight state coalitions to promote the adoption of peer-delivered, recovery-oriented services and supports for people in recovery from substance use and mental health conditions. These 22 awards were administered through three different funding opportunities of the BRSS TACS project: Policy Academy Awards, Peer Awards for Health Reform Education, and Peer-Run Organization/Recovery Community Organization Awards. This webinar will highlight the experiences and accomplishments of one awardee from each of the three awards programs. <http://beta.samhsa.gov/brss-tacs/webinars>

## **WEBINAR: WORKING EFFECTIVELY WITH MILITARY FAMILIES: 10 THINGS PROVIDERS SHOULD KNOW**

APRIL 21, 2014, 12:00 PM ET

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This is the first webinar in a six-part speaker series by the National Child Traumatic Stress Network (NCTSN) to familiarize participants with the core components, best practices, and principles necessary to provide military-informed care to service members, Veterans, and their children and families. In this first webinar, presenters will describe 10 key concepts for providing competent and effective services to military families, including understanding military culture and service systems; the inner workings of military life; common challenges and stressors inherent to military service and family life; the impact of military service on family functioning; negative perceptions of mental health issues and services; protective/promotive factors; and barriers and challenges to serving service members and their families. <http://learn.nctsn.org>

## **CDC'S PUBLIC HEALTH GRAND ROUNDS: AUTISM SPECTRUM DISORDER: FROM NUMBERS TO KNOW-HOW**

APRIL 22, 2014, 1:00–2:00 PM ET

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Join CDC to discuss the challenges of understanding and diagnosing ASD, and the opportunities for early identification and screening. This session of Grand Rounds will also explore some of the evidence-based interventions that can help individuals with autism make gains in their development.

<http://www.cdc.gov/about/grand-rounds/archives/2014/April2014.htm>

## **WEBINAR: GIRLS AND SUBSTANCE USE: TRENDS, CHALLENGES, AND OPPORTUNITIES**

APRIL 22, 2014, 3:00-4:30 PM ET

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The third webinar in SAMHSA's six-part *Girls Matter!* series on girls' behavioral health will discuss current trends in adolescent girl substance use as well as effective strategies for intervention, treatment, and support for girls. After completing this webinar, participants will have a working understanding of how the terms gender-responsive, trauma-informed, culturally relevant, recovery-oriented, family-centered, and age-appropriate apply to effective services for girls.

<http://womenandchildren.treatment.org/GrowingUpGirls/SubstanceUse.html>

## **2014 MENTAL HEALTH SERVICES RESEARCH CONFERENCE**

APRIL 23-25, 2014, BETHESDA, MARYLAND

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Registration is open for the 22nd NIMH Conference on Mental Health Services Research (MHSR): Research in Pursuit of a Learning Mental Health Care System. The MHSR Conference is organized biennially by the NIMH's Services Research and Clinical Epidemiology Branch to promote areas of high priority for services research, and identify opportunities with potential for significant impact on the health and well-being of people with mental disorders. <http://event.cabazon.com/mhsr/home>

## TEXT, TALK, ACT TO IMPROVE MENTAL HEALTH

APRIL 24, 2014

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*Text, Talk, Act to Improve Mental Health* is an hour-long event that uses text messaging to get people talking about mental health and encourage them to take action. Through this event, young people can have a conversation with their peers and give voice to an issue that can otherwise be difficult for them to speak about. This event is geared toward young people, but people of all ages can participate and benefit from it. It's simple: at any time on April 24th, gather three to four friends, family, classmates, students, and/or colleagues; text "start" to 89800; and receive polling and discussion questions via text messaging while having a face-to-face dialogue with the group. <http://creatingcommunitysolutions.org/texttalkact>

## WEBINAR: PSYCHOSOCIAL HEALTH AND RESILIENCE OF CHILDREN IN MILITARY FAMILIES

APRIL 24, 2014, 1:00-2:30 PM ET

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This DCoE webinar will explore theoretical insights in current research related to children and military families and examine two major constructs: the importance of developmental timing of events, and how multiple interdependent systems influence development and well-being. Discussion will include examples of lessons learned from research studies and applicability to current clinical practices.

<http://continuingeducation.dcri.duke.edu/psychological-health-and-resilience-children-military-families>

## LECTURE FOR AUTISM AWARENESS MONTH

APRIL 24, 2013, 4:00-5:00 PM ET, BETHESDA, MARYLAND

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NIMH is sponsoring this special lecture to recognize National Autism Awareness Month. Ron Suskind will discuss his family's 20 years of experimentation with his autistic son's powerful affinity for animated movies, mostly from Disney, as a tool to open new pathways of communication and social connection. The lecture will also be videocast. <http://iacc.hhs.gov/non-iacc-events/2014/nimh-lecture-announcement-april24.shtml>

## NATIONAL PRESCRIPTION DRUG TAKE-BACK DAY

APRIL 26, 2014

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The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. [http://www.deadiversion.usdoj.gov/drug\\_disposal/takeback](http://www.deadiversion.usdoj.gov/drug_disposal/takeback)

## AMERICA'S PREPAREATHON! NATIONAL DAY OF ACTION

APRIL 30, 2014

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*America's PreparAthon!* is an opportunity for individuals, organizations, and communities to prepare for specific hazards through drills, group discussions, and exercises. The first National Day of Action is scheduled for April 30, 2014 and will revolve around taking actions to prepare for these four specific hazards: tornadoes, wildfires, floods, and hurricanes. <http://www.ready.gov/prepare>

## NATIONAL LAUNCH: NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

MAY 6, 2014, NATIONAL HARBOR, MARYLAND

GENERAL SESSION: 1:45-2:45 PM ET;

WORKSHOP: 4:00-5:00 PM ET

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SAMHSA's *National Children's Mental Health Awareness Day: Inspiring Resilience, Creating Hope 2014* national launch event will include a general session and a workshop on "What Really Works for Young Adults" to be hosted in collaboration with the National Council for Behavioral Health during their national conference. Both launch activities are free of charge and the one-hour general session is being webcast live, followed by a special webisode of Knowledge network for Systems of Care TV (KSOC-TV) and Tweet-up. During the general session four young adults will share their experiences of resilience and providing peer support to young adults with behavioral health challenges. The general session will be followed by a "world cafe" style workshop where attendees will be able to speak in more detail with presenters about what really works for young adults. <http://www.samhsa.gov/children/national.asp>

## WEBINAR: WORKING WITH FAMILIES AND SCHOOLS

MAY 7, 2014, 12:00 PM ET

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Presenters in this NCTSN webinar in the Transforming Trauma in LGBTQ Youth Speaker Series will discuss how to work with families and their schools to advocate for a child or youth who identifies as LGBTQ. <http://learn.nctsn.org>

## NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY 2014

MAY 8, 2014

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Awareness Day 2014 seeks to raise awareness about the importance of children's mental health and that positive mental health is essential to a child's healthy development from birth. Communities around the country participate by holding their own Awareness Day events, focusing either on the national theme, or adapting the theme to the populations they serve. The national launch event (held on May 6, described above) will focus on the unique needs of young adults, ages 16–25, with mental health challenges and the value of peer support in helping young adults build resilience in the four life domains of housing, education, employment, and healthcare access. <http://www.samhsa.gov/children/national.asp>

## COMMUNITY EVENT ABOUT THE ADOLESCENT BRAIN

MAY 8, 2014, 7:00-8:30 PM ET, BETHESDA, MARYLAND

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Learning about the significant changes the brain undergoes during adolescence may help parents better understand the ups and downs their teenagers face. Young people at this age are close to a lifelong peak of physical health, strength, and mental capacity, and yet, for some, this can be a challenging age. In recognition of National Children's Mental Health Awareness Day, FasterCures will host a community discussion on the developing adolescent brain. The NIMH's Jay N. Giedd, M.D., chief of the Unit on Brain Imaging in the Child Psychiatry Branch, will be on hand to discuss the state of the science and to answer questions from parents, community members, educators, and other stakeholders. While the event will not be videocast live, it will be recorded and archived for later viewing on the NIMH child and adolescent mental health page. <http://www.nimh.nih.gov/news/science-news/2014/learn-about-the-adolescent-brain-with-expert-dr-jay-giedd-on-may-8.shtml>

## WEBINAR: REDUCING CRIMINAL RECIDIVISM FOR JUSTICE-INVOLVED PERSONS WITH MENTAL ILLNESS

MAY 12, 2014, 1:00-2:30 PM ET

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This final webinar in SAMHSA's GAINS Center Series of Evidence-Based Practice will complement the new brief, *Reducing Criminal Recidivism for Justice-Involved Persons with Mental Illness: Risk/Needs/Responsivity and Cognitive-Behavioral Interventions* written by Dr. Merrill Rotter. Dr. Rotter of Albert Einstein College of Medicine and New York City Treatment Alternatives for Safer Communities, and Eric Olson of the Bonneville County, Idaho Mental Health Court will share their knowledge on what the research says and how to apply cognitive behavioral therapy (CBT) in real-world settings. This webinar will be followed by three "Ask the Expert" discussion groups in subsequent weeks, allowing participants the chance to converse with Dr. Rotter and Mr. Olson, and pose questions to them. Discussion group dates include May 19 at 1:00 pm ET; June 2 at 1:00 pm ET; and June 9 at 2:30 pm ET. <http://gainscenter.samhsa.gov/eNews/solicit-0423.html>

## NATIONAL PREVENTION WEEK 2014

MAY 18-24, 2014

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National Prevention Week is a SAMHSA-supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. The theme of National Prevention Week 2014 is *Our Lives. Our Health. Our Future*. SAMHSA will be highlighting the important role everyone has in maintaining a healthy life and ensuring a productive future. A video is available to promote the week. <http://beta.samhsa.gov/prevention-week>

## WEBINAR: DIGITAL GIRLS: CONFESSION, CONNECTION, AND DISCONNECTION

MAY 20, 2014, 3:00-4:30 PM ET

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The fourth webinar in the SAMHSA *Girls Matter!* series on girls' behavioral health will explore the digital world of girls, and provide strategies for using technology to reach, engage with, and support girls in achieving recovery and developing resiliency. <http://womenandchildren.treatment.org/HERR%20page.asp>

## WEBINAR: SANCTUARY AND SUPPORTS FOR GIRLS IN CRISIS

JUNE 10, 2014, 3:00-4:30 PM ET

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The fifth webinar in the SAMHSA *Girls Matter!* series on girls' behavioral health is aimed at bringing a message of hope and urgency for establishing effective behavioral health programs, interventions, and policies that support young women in crisis, including those who face juvenile justice system involvement, homelessness, and violence. <http://womenandchildren.treatment.org/HERR%20page.asp>

## CALLS FOR PUBLIC INPUT

## SAMHSA OPENS NOMINATIONS FOR VOICE AWARDS TO TV, FILM, AND CONSUMER/PEER LEADERS IN BEHAVIORAL HEALTH

SAMHSA is now accepting nominations for the 2014 Voice Awards. The awards program recognizes consumer/peer leaders and television (TV) and film professionals who use their work and personal stories of resilience to demonstrate that people with mental and/or substance use disorders can and do recover and lead meaningful lives.. In 2014, the theme of the awards program is the behavioral health of young adults and their experiences in dealing with mental and/or substance use disorders. All nominations are due Friday, April 18. <http://www.samhsa.gov/newsroom/advisories/1403132746.aspx>

## FUNDING INFORMATION

COOPERATIVE AGREEMENTS FOR STATE-SPONSORED YOUTH SUICIDE PREVENTION AND EARLY INTERVENTION

<http://beta.samhsa.gov/grants/grant-announcements/sm-14-008>

BEHAVIORAL HEALTH WORKFORCE EDUCATION AND TRAINING FOR PARAPROFESSIONALS

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=253409>

CLINICAL STUDIES OF MENTAL ILLNESS NOT INVOLVING TREATMENT DEVELOPMENT, EFFICACY, OR EFFECTIVENESS TRIALS (COLLABORATIVE R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-14-165.html>

TRANSLATIONAL RESEARCH TO HELP OLDER ADULTS MAINTAIN THEIR HEALTH AND INDEPENDENCE IN THE COMMUNITY

<http://grants.nih.gov/grants/guide/pa-files/PA-14-161.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-14-159.html> (R21)

DIMENSIONAL APPROACHES TO RESEARCH CLASSIFICATION IN PSYCHIATRIC DISORDERS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-15-500.html>

“NOW IS THE TIME” HEALTHY TRANSITIONS: IMPROVING LIFE TRAJECTORIES FOR YOUTH AND YOUNG ADULTS WITH, OR AT RISK FOR, SERIOUS MENTAL HEALTH CONDITIONS

<http://beta.samhsa.gov/grants/grant-announcements/sm-14-017>

NOW IS THE TIME: MINORITY FELLOWSHIP PROGRAM-YOUTH

<http://beta.samhsa.gov/grants/grant-announcements/sm-14-015>

NOW IS THE TIME: MINORITY FELLOWSHIP PROGRAM-ADDICTION COUNSELORS

<http://beta.samhsa.gov/grants/grant-announcements/ti-14-010>

LEVERAGING A RECOVERY ACT RESOURCE TO ACCELERATE RESEARCH ON NEURODEVELOPMENT

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-15-400.html>

NIH BLUEPRINT PROGRAM FOR ENHANCING NEUROSCIENCE DIVERSITY THROUGH UNDERGRADUATE RESEARCH EDUCATION EXPERIENCES

<http://grants.nih.gov/grants/guide/rfa-files/RFA-NS-14-010.html>

MATERNAL AND CHILD HEALTH--HEALTH CARE TRANSITIONS RESEARCH NETWORK FOR YOUTH AND YOUNG ADULTS WITH AUTISM SPECTRUM DISORDERS

<http://www.grants.gov/view-opportunity.html?oppld=252503>

GRANTS IN CHILD MALTREATMENT RESEARCH USING INNOVATIVE APPROACHES

<http://www.acf.hhs.gov/grants/open/foa/view/HHS-2014-ACF-ACYF-CA-0810>

OJJDP FY 2014 PRACTITIONER-RESEARCHER PARTNERSHIP MENTORING CHILDREN OF INCARCERATED PARENTS DEMONSTRATION PROGRAM

<http://www.ojjdp.gov/grants/solicitations/FY2014/PartnershipMentoringCOIP.pdf>



OJJDP FY 2014 HIGH-RISK YOUTH MENTORING RESEARCH

<http://www.ojjdp.gov/grants/solicitations/FY2014/MentResearch.pdf>

BRAIN SOMATIC MOSAICISM AND ITS ROLE IN PSYCHIATRIC DISORDERS (COLLABORATIVE U01)

<http://grants.nih.gov/grants/guide/pa-files/PA-14-174.html>

NOVEL TOOLS FOR INVESTIGATING BRAIN-DERIVED GPCRS IN MENTAL HEALTH RESEARCH

<http://grants.nih.gov/grants/guide/pa-files/PA-14-171.html> (R41/R42)

<http://grants.nih.gov/grants/guide/pa-files/PA-14-172.html> (R43/R44)



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.