



# Is Your Depression Hard to Treat?

## NIH RESEARCH STUDIES WITH MEDICATIONS TO RAPIDLY REDUCE SYMPTOMS

Call about participating in one of our Depression research studies:

**1-877-MIND-NIH**  
**(1-877-646-3466)**

*Atendemos pacientes de habla hispana.*

**TTY: 1-866-411-1010**

**[www.nimh.nih.gov/JoinAStudy](http://www.nimh.nih.gov/JoinAStudy)**

**e-mail: [moodresearch@mail.nih.gov](mailto:moodresearch@mail.nih.gov)**

**Experiencing thoughts of sadness, hopelessness, guilt, worthlessness, lacking interest in everyday activities you once enjoyed?**

NIH researchers seek depressed persons between the ages of 18-70 for participation in several brain imaging and medication studies that are evaluating how experimental medications (ketamine, riluzole & scopolamine) may reduce symptoms rapidly. Participation includes 1-4 visits, psychiatric interviews, medical history, physical exam, blood and other medical tests. Some studies are conducted on an outpatient basis, others on an inpatient basis. Participants must be free of other serious medical conditions. Research evaluations and medications are provided at no cost.

### Research Studies Enrolling Participants

**FIRST STEPS**

to Participate in Research:

- ✓ Call NIMH
- ✓ Learn Study Details
- ✓ Be Evaluated for Eligibility
- ✓ Consent to Participate



National Institute of Mental Health

Department of Health & Human Services  
National Institutes of Health

**National Institute of Mental Health**

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

Protocol No. 01-M-0254

The studies are conducted at the NIH Clinical Center in Bethesda, Maryland. There is no cost to participate. We enroll eligible participants locally and from around the country. Travel arrangements are provided and costs covered by NIMH. (Arrangements vary by distance and by specific study.) After completing the study participants receive short-term follow-up care while transitioning back to a provider.

**NIMH Depression Research**  
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